

## Support Safe Staffing in Nursing Homes!

If you are a nursing home worker, have lived in a nursing home, know a loved one who has, or want to improve the state of care in our country, make your voice heard.

Share your story and tell the U.S. Department of Health and Human Services:

WE NEED SAFE STAFFING NOW.

**TAKE ACTION NOW!** 



**BetterCareNow.us** 



## **Improving Care, Improving Work**

On Sept. 1, the Biden administration proposed the first-ever minimum staffing standards for nursing facilities that participate in Medicaid and Medicare. This historic development will improve care for the more than 1.1 million people per year who rely on nursing homes for care and improve working conditions for the more than 500,000 direct care staff members at those facilities.

The proposed regulation is an important first step in ensuring quality care and jobs. A projected 16 facilities in **Maine** would have to increase staffing, adding 15 registered nurses and 41 certified nursing assistants. Such an increase would reduce missed care and make working conditions in **Maine** nursing homes far less dangerous.

This rulemaking is a once-in-a-decade opportunity to set national staffing standards, but the for-profit nursing home companies and private equity investors are mobilizing to kill the rule. We can overcome that opposition with an even stronger show of support from workers, retirees and their families who would benefit from this rule if we can get it finalized.

Everyone has a story. So let your voice be heard by going to **BetterCareNow.us** and showing your support for safe staffing. Be sure to add a sentence or two about why additional staffing is important. Nothing fancy—just a simple comment from voters like you can make a big difference. Here are some examples:

- "I want a minimum staffing rule because I have a relative that lived in a nursing home for a short period of time. I heard about how she often had to wait a long time just to help her get to the bathroom or get some more water. More staff would have improved the quality of care my relative experienced."
- "I support safe nursing home staffing because I used to work at a nursing home and we had far more residents to care for than we could get to."
- "I want strong nursing home staffing standards because how we treat our seniors is a reflection of our values. They deserve the dignity of quality care. Nursing homes shouldn't be able to cut staff as much as they want. There should be a floor on staffing—a basic minimum amount of staff—that applies to everyone regardless of ZIP code!"